

# *Overhills Thunder Basketball*

*59 Forest Dale Dr.*

*Cameron, NC 28326*

*Phone: 919-356-0446*

*"Ball in Hand, Success in Mind"*



## *Contract for Basketball Players and their Parents*

I, \_\_\_\_\_, want to play basketball for the Overhills Thunder this season. In exchange for the privilege of being on the team, I promise to do the following:

1. Attend practice on time every day or notify the coaches (ahead of time if possible) why I am unable to attend.

- One unexcused absence - sit out a game.
- Two, you may be removed from the team.

2. Focus on what the team is doing and try to use the practice time to improve my skills and my physical abilities. Those who put little or no effort into practice will get little or no playing time.

3. Treat everyone involved with our team with respect. This includes coaches, team mates, officials, opponents, and fans of both teams.

4. Go to the coaches first if I have a problem related to the team. I will not complain to others until I have given the person I have a problem with an opportunity to correct it.

5. Work hard to develop good habits by practicing with good form and appropriate effort. The habits we develop in practice are the habits that will determine how we play in the games.

6. Practice good health habits which include abstaining from alcohol, illegal drugs, tobacco.

7. Keep grades up in school.

8. While my child is committed by contract to the Overhills Thunder AAU Team, we agree that he/she will not TRY -OUT for another Select/Competitive/Travel team, unless the Coach first issues a release agreement. We understand that when a release is issued, my child might not be allowed to return to any team associated with the Overhills Thunder AAU Team for the remainder of the season.

### *As a parent of the above named player, I promise to do the following:*

1. Influence my child to abide by the contract they have signed.

2. Be an example of good sportsmanship at games by making only positive comments about the players, keeping criticism of the officiating to a minimum of volume and frequency, and treating fans of our opponents with respect.

3. Be patient with coaches who are not giving your child the playing time he/she deserves.

4. Contact the coaches first if you have a complaint.



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5. We agree to set our schedules accordingly so that team practice sessions, practice games, league games, and tournament games both local and out-of-town can be attended. In the event my child cannot attend any game or practice, we will notify the Coach and/or the team Manager as soon as possible.

6. We agree to provide a copy of the player's birth certificate and all other necessary paperwork within a timely manner.

7. We recognize that playing for the Overhills Thunder AAU Team requires traveling out of town. We are aware that some tournaments may require overnight accommodations, and all expenses associated with tournaments are extra.

8. We agree to pay Club and Team fees. These dues are used to fund costs associated with the team, including but not limited to Coaching fees, trainer fees, league fees, and referee fees.

9. We fully understand that the Coach of each team makes all decisions concerning practices, games, playing time and positions, as specified in the contract, and Parents, Players, and all Spectators must respect these decisions.

10. We agree to support the Team and Club fundraiser programs. The Overhills Thunder AAU Team will select and decide ways of raising funds to decrease the debt of the Club and player.

**11. We acknowledge that the Coach controls all practices and games. Therefore, we agree to make no coaching decisions or technical comments during practices and games. We agree not to engage in technical conversation with the referee or opposing team participants during games. The Team Coach has the right to ask us to leave the field of play if necessary.**

**We, the coaches, promise to do the following:**

1. Treat each player like we would want our child to be treated.
2. Give each player who pays attention and tries hard approximately equal practice time in Scrimmages and drills. **Those who loaf or don't pay attention** will be replaced in scrimmages or drills.
3. Attempt to play each player in every game for at least 3 minutes. In close games, the time may be less and in blowouts, the starters will probably play less than the substitutes.
4. Be examples of good sportsmanship and character.
5. Teach your child the skills to become the best player they can be.
6. Listen to any complaints parents or players may have and respond fairly with respect.



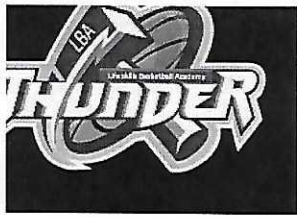
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1. All practices are required. We know that circumstances will arise when you must miss a practice, (vacation, illness, etc.). When this occurs the player is to inform their coach in advance when possible.
2. All players are to treat teammates and coaches **WITH RESPECT AND COURTESY**. Behavior that "puts other players and coaches down," results in profanity, or demonstrates lack of self control will not be tolerated.
3. WE KNOW THAT BEING PART OF THIS DEMANDING BASKETBALL EXPERIENCE WILL REQUIRE SACRIFICES, adjustments and EXTRAORDINARY COMMITMENT on the part of the players, their families, and the coaches. However, we are working to achieve an extraordinary team and individual success which demands EXTRAORDINARY EFFORT ON ALL OUR PARTS. In return, we have an opportunity to create a positive experience that could affect our lives forever.
4. Players will be constantly evaluated on their demonstration of coach ability, hustle, mental and physical toughness, LOYALTY TO TEAM, UNSELFISHNESS, and the desire to improve their skill. Our goal is to field a team of players that consistently demand more of themselves, than is demanded by the coaches.
5. In every game situation, OUR TEAM WILL PLAY TO WIN. Game substitutions will be made with that solely in mind. However, there will be situations where a player may be pulled from a game, despite their ability to contribute.  
  
\*\*\*A player who exhibits unsportsmanlike conduct, or losses control, will be pulled and not re-enter. \*\*\*  
\*\*\*A player who arrives late for the pre-game meeting will not play the 1st quarter. \*\*\*  
  
\*\*\*Any other situation where the coach feels that removing a player will strengthen the team discipline and morale will result in the removal of the player.
6. The members of this team ARE EXPECTED TO WORK HARDER and with discipline, hustle, enthusiasm, teamwork, and dedication THAN ANY OTHER TEAM IN THIS STATE. This is not a goal, THIS IS AN EXPECTATION.



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I understand that if I make this team, I will agree to abide by these expectations described on this sheet.

\_\_\_\_\_ Player signature

My child has shared with me these expectations, and I agree to give them all possible help to meet them successfully.

\_\_\_\_\_ Parents signature